

Curriculum Intent:

Learners will gain a wider understanding and appreciation of health-related fitness, sports and exercise by developing a range of skills and techniques, personal skills and attributes essential for successful performance in working life. This is underpinned by our PE core values which seek to enhance an individual's character:

- Ambitious - to exceed their minimum expected grade and strive for distinction;
- Confident - to participate, perform and lead;
- Creative – in their decision-making and by working independently to find solutions in order to meet deadlines and the success criteria;
- Respectful – of themselves, all of their peers and all adults involved in their academic and sporting life;
- Enthusiastic – about engaging in all elements of their sport curriculum in and outside of school;
- Determined – to complete their work to the best of their ability and persist in improving their work by using feedback effectively.

'Why This, Why Now?'

It is taught in this order because this is how Pearson Edexcel have stated in their own assessment plan that this must be the order of teaching.

Component 1: Preparing Participants to Take Part in Sport and Physical Activity

Component 2: Taking Part and Improving Other Participants Sporting Performance

Medium Term Planning Document: BTEC Sport Year 10

The Medium Term Planning document below is designed to show the journey that every student takes through our curriculum. Some elements of the curriculum may be taught over several lessons, others in a single lesson.

BTEC Sport	Year 10 Component 1: Preparing Participants to Take Part in Sport and Physical Activity – Half Term 1		
Topic	Content	Formative Assessments?	Link(s) to an example lesson
Learning outcome A: Explore types and provision of sport and physical activity for different types of participant	A1 Types and providers of sport and physical activities	Mini whiteboard assessment Bellwork/recall work Cold-calling and no-opt out questioning Mini quiz Practice coursework writing/scenarios	PLEASE NOTE – ALL POWERPOINTS ARE AVAILABLE IN YOUR TEAMS CHANNEL AND ARE CLEARLY LABELLED FOR EACH LEARNING AIM.
	A2 Types and needs of sport and physical activity participants		
	A3 Barriers to participation in sport and physical activity for different types of participant		
	A4 Methods to address barriers to participation in sport and physical activity for different types of participant		
Key words: provision, public, private, volunteer, sectors, types of sport & physical activity, individual, team, outdoor, barriers			

Summative Assessment:

Pupil Non-Examination Assessment/coursework will take place throughout term 1. These will cover all content taught in the first half term. These assessments will go towards their final grade.

Medium Term Planning Document: BTEC Sport Year 10

Subject Name	Year 10 Component 1: Preparing Participants to Take Part in Sport and Physical Activity – Half Term 2		
Topic	Content	Formative Assessments?	Link(s) to an example lesson
Learning outcome B: Examine equipment and technology required for participants to use when taking part in sport and physical activity	B1 Different types of sports clothing and equipment required for participation in sport and physical activity	Mini whiteboard assessment Bellwork/recall work	<p><u>PLEASE NOTE – ALL POWERPOINTS ARE AVAILABLE IN YOUR TEAMS CHANNEL AND ARE CLEARLY LABELLED FOR EACH LEARNING AIM.</u></p>
	B2 Different types of technology and their benefits to improve sport and physical activity participation and performance	Cold-calling and no-opt out questioning Mini quiz	
	B3 The limitations of using technology in sport and physical activity	Practice coursework writing/scenarios	
	Key Words: clothing, equipment, technology		

Summative Assessment:

N/A

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Subject Name	Year 10 Component 1: Preparing Participants to Take Part in Sport and Physical Activity – Half Term 3		
Topic	Content	Formative Assessments?	Link(s) to an example lesson
Learning outcome C: Be able to prepare participants to take part in physical activity	C1 Planning a warm-up	Mini whiteboard assessment Bellwork/recall work Cold-calling and no-opt out questioning Mini quiz Practice coursework writing/scenarios Video and photographic evidence	PLEASE NOTE – ALL POWERPOINTS ARE AVAILABLE IN YOUR TEAMS CHANNEL AND ARE CLEARLY LABELLED FOR EACH LEARNING AIM.
	C2 Adapting a warm-up for different categories of participants and different types of physical activities		
	C3 Delivering a warm-up to prepare participants for physical activity		
Key Words: planning, warm-up, pulse-raiser, dynamic stretches, mobiliser stretches, adapting, delivery, leadership skills			
LO C: Assessment window 6th Feb – 1st May	Students start their controlled coursework assessment	Checking for understanding Individual feedback	

Medium Term Planning Document: BTEC Sport Year 10

Subject Name	Year 10 Component 1: Preparing Participants to Take Part in Sport and Physical Activity - Half Term 4		
Topic	Content	Formative Assessments?	Link(s) to an example lesson
LO C: Assessment window 6th Feb – 1st May	Students start their controlled coursework assessment	Checking for understanding Individual feedback	

Medium Term Planning Document: BTEC Sport Year 10

Subject Name	Year 10 Component 2: Taking Part and Improving Other Participants Sporting Performance – Half Term 5		
Topic	Content	Formative Assessments?	Link(s) to an example lesson
Learning outcome A: Understand how different components of fitness are used in different physical activities	A1 Components of physical fitness	Mini whiteboard assessment Bellwork/recall work Cold-calling and no-opt out questioning Mini quiz Practice coursework writing/scenarios	PLEASE NOTE – ALL POWERPOINTS ARE AVAILABLE IN YOUR TEAMS CHANNEL AND ARE CLEARLY LABELLED FOR EACH LEARNING AIM.
	A2 Components of skill-related fitness		
	Key Words: Aerobic endurance, muscular endurance, strength, speed, body composition, flexibility, coordination, reaction time, agility, balance, power		
Learning outcome B: Be able to participate in sport and understand the roles and responsibilities of officials	B1 Techniques, strategies and fitness required for different sports		
	B2 Officials in sport		
	Key Words: techniques, strategies, fitness, officials		

Subject Name	Year 10 Component 2: Taking Part and Improving Other Participants Sporting Performance – Half Term 6		
Topic	Content	Formative Assessments?	Link(s) to an example lesson
Learning outcome C: Demonstrate ways to improve participants sporting techniques	C1 Planning drills and conditioned practices to develop participants' sporting skills and Practical videoing	Mini whiteboard assessment Bellwork/recall work Cold-calling and no-opt out questioning Mini quiz Practice coursework writing/scenarios	<u>PLEASE NOTE – ALL POWERPOINTS ARE AVAILABLE IN YOUR TEAMS CHANNEL AND ARE CLEARLY LABELLED FOR EACH LEARNING AIM.</u>
	C2 Drills to improve sporting performance	Mini whiteboard assessment Bellwork/recall work Cold-calling and no-opt out questioning Mini quiz Practice coursework writing/scenarios Video recording of leadership	<u>PLEASE NOTE – ALL POWERPOINTS ARE AVAILABLE IN YOUR TEAMS CHANNEL AND ARE CLEARLY LABELLED FOR EACH LEARNING AIM.</u>
	Key Words: Planning, document, isolated drills, development of skills, conditioned games		